



COMPETENCE IN AGEING

COMPETENCE FOR THE FUTURE

The Finnish society is ageing, which is actually good news. It means that Finnish people live longer and healthier than ever before. Ageing varies from individual to individual and we all want to grow older in our own personal way. Today's older people are active agents, consumers and influencers.

We need new experts in ageing who are able to promote the wellbeing and health of older people by developing services and activities for them. The graduates from the Master's programme work together with older people to enhance their wellbeing.

The Master's Degree in Active Ageing at Karelia University of Applied Sciences provides the students with a chance to develop their expertise in ageing. For years, we have developed education and research in this field as ageing is one of the strategic focus areas of Karelia UAS.

The Master's Degree in Active Ageing gives the students a possibility to work for a better future.

**New Master's
Degree at
Karelia UAS!**



Master of Health Care, Master of Social Services

Active Ageing

The graduates from the Master's programme in Active Ageing are able to work in multiprofessional communities of practice that support the rehabilitation and well-being of older people. They also have the ability to carry out demanding development and management tasks. They have a wide-ranging knowledge of ageing and the ability to develop, assess, modernise and manage services. The graduates know how to contribute to the health, well-being and functional capability of older people, as well as to their inclusion and opportunity to participate.

The studies are planned and implemented together with social and health care professionals and organisations. The core educational content includes:

- » Competence in ageing
- » Rehabilitation
- » Management and leadership studies
- » Research and development studies

The studies can be pursued alongside work. Approximately 70% of the courses can be taken as independent distance studies using web-based environments. The programme includes a total of 30 days of contact teaching, which are usually implemented in two consecutive days at a time. Some courses are organised together with other Master's programmes of Karelia UAS.

The Master's degree of universities of applied sciences gives the same qualification for public posts as the Master's degrees provided by universities. The graduates can find employment in the public, private or third sector and apply for various types of development and management tasks that relate to ageing.

**Extent:
90 credits**

**Mode:
blended
learning**



FOR FURTHER INFORMATION

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